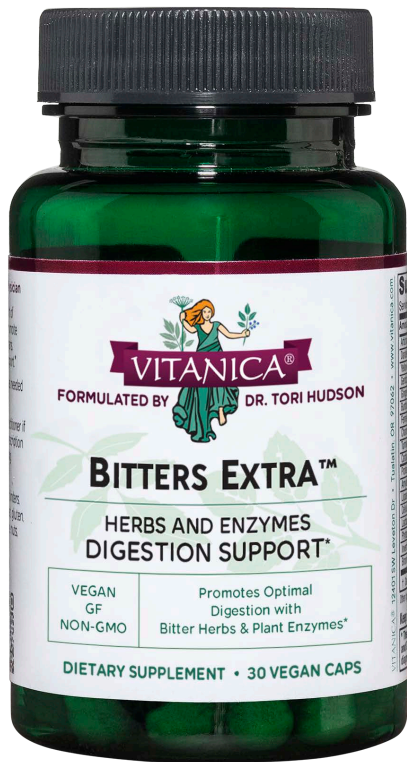


# VITANICA® ~ BITTERS EXTRA™



Traditional bitter herbs promote healthy digestion. Includes a full complement of plant-based digestive enzymes to support digestive functions more fully - in a convenient, easy to take capsule.

## Featured Ingredients:

- Traditional herbal bitters formulas support liver and gallbladder function, promote calming digestive health and act as a gentle, natural laxative: **Artichoke leaf, Gentian root, Burdock root, Dandelion root, Yellow dock root, Chamomile flower**
- **Turmeric root** is a traditional Asian botanical, also with modern research, supporting digestion and health in general
- Aromatic and sweet herbs play an important role in traditional bitters blends: **Cardamom, Ginger, and Fennel** are included for this support
- Includes a full profile of **plant based digestive enzymes**, offering a thoughtful and well-rounded approach to supporting digestion

## Supplement Facts

Serving Size 2 capsules, 15 Servings per Container

Amount per Serving	% Daily Value
Artichoke ( <i>Cynara scolymus</i> ) leaf	150 mg †
Dandelion ( <i>Taraxacum officinale</i> ) root	150 mg †
Yellow dock ( <i>Rumex crispus</i> ) root	150 mg †
Gentian ( <i>Gentiana lutea</i> ) root	100 mg †
Ginger ( <i>Zingiber officinale</i> ) rhizome	100 mg †
Burdock ( <i>Arctium lappa</i> ) root	100 mg †
Fennel ( <i>Foeniculum vulgare</i> ) seed	50 mg †
Chamomile ( <i>Matricaria recutita</i> ) flowers tops	50 mg †
Turmeric ( <i>Curcuma longa</i> ) root	50 mg †
Cardamom ( <i>Elettaria cardamomum</i> ) seed	15 mg †
Protease	50,000 HUT
Amylase	10,000 SKB
Lipase	4,000 FIP
Cellulase	8,000 CU
Lactase	1,000 ALU
Phytase	25 U
Invertase	1500 SU
Bromelain	100 GDU

† Daily value not established.

Other ingredients: Vegan capsule (HPMC, water) microcrystalline cellulose, L-leucine.

Keep in a cool, dry place out of reach of children.

**Indications:** Good digestion is a foundation of good health. Traditional herbal bitters are a popular, natural way to support digestion. The convenient capsule makes it easy to take daily or as needed, with meals.

Suggested Use: 1 or 2 capsules as needed with meals.

Size ~ 30 caps; UPC code ~ 7-08118-02320-0

Size ~ 90 caps; UPC code ~ 7-08118-02321-7

Contact ~ 800.572.4712; email ~ [info@vitanica.com](mailto:info@vitanica.com)



## **Quality Control Statement**

Vitanica is committed to maintaining the content and purity of our dietary supplements. We believe this is accomplished by focusing on the principles that contribute to well-designed products which will support health without contributing to toxicity, utilizing safe and effective ingredients.

Good Manufacturing Practices involve having policies in place to assure adequate and clean facilities, training of staff, verifying and tracking suppliers, raw material testing, clean and organized manufacturing and labeling lines, record keeping, finished product testing, clean and regulated warehousing, etc.

At Vitanica, we strive for excellence in these principles.

One way to assure quality is through third party certification via on-premise observation and analysis. At Vitanica, we are glad to say our dietary supplement manufacturing facilities are third-party certified, FDA registered and meet all regulation standards set forth by the FDA Dietary Supplement Health and Education Act as outlined in the code of Regulations, Title 21, part 111. In addition, we are a Silver Partner with Emerson Ecologics Quality Assurance Program.

All said, if products are well made, but not well designed, they may fail at supporting health. At Vitanica, we are proud to remind you our products are researched and designed by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health.

Vitanica works like a business, but with the heart of a healer. Vitanica began in 1994 with the dream of helping women. Every day, we want to impact women's health through education and healing. Quality assurance is an essential element of meeting our dream.