

VITANICA® ~ DIGESTION TONIC™



Tasty Tonics® are concentrated liquid herbal formulas designed with therapeutic doses and blended with natural flavors & essential oils to taste great and encourage compliance for daily use. Digestion Tonic™ supports healthy digestion with soothing herbs and peppermint leaf and oil. Packaged in beautiful green glass!

Featured Ingredients:

- **Peppermint leaf** has a long history of support for digestion and bloating. It is cooling and soothing for the stomach. We use peppermint essential oil in addition to the extract to add flavor punch to this soothing tonic
- **Fennel seed** is traditionally used in digestion support formulas to maintain normal function and to support relief of gas and bloating
- **Ginger** is a key, well-researched digestion-supportive herb that also supports relief of gas and bloating
- **Aloe vera leaf** has supportive research as well as traditional use as a healing and supportive herb for the stomach

Supplement Facts

Serving Size 4.92 ml/One Teaspoon, 24 Servings per Container

Amount per Serving	% Daily Value	
Peppermint leaf ~ Mentha piperita	525 mg	†
Fennel seed ~ Foeniculum vulgare	525 mg	†
Ginger root ~ Zingiber officinale	300 mg	†
Aloe vera leaf extract (200:1)	150 mg	†
Stevia leaf extract ~ Stevia rebaudiana	2.5 mg	†

† Daily Value not established

Other ingredients: Vegetable glycerin, deionized water, peppermint oil.

Indications: Soothing and refreshing, this formula can be used as needed or with every meal to promote and maintain healthy digestion

Suggested Use: Shake well before using. Adults: 1 teaspoon (approx. 3 droppers), up to 3 times daily, before, during or after meals. Dilute in 2-3 ounces of warm or cool water, or to taste as a refreshing herbal tea. May also be taken undiluted.

Size ~ 4 ounces; UPC code ~ 7-08118-02346-0

Contact ~ 800.572.4712; email ~ info@vitanica.com



Quality Control Statement

Vitanica is committed to maintaining the content and purity of our dietary supplements. We believe this is accomplished by focusing on the principles that contribute to well-designed products which will support health without contributing to toxicity, utilizing safe and effective ingredients.

Good Manufacturing Practices involve having policies in place to assure adequate and clean facilities, training of staff, verifying and tracking suppliers, raw material testing, clean and organized manufacturing and labeling lines, record keeping, finished product testing, clean and regulated warehousing, etc.

At Vitanica, we strive for excellence in these principles.

One way to assure quality is through third party certification via on-premise observation and analysis. At Vitanica, we are glad to say our dietary supplement manufacturing facilities are third-party certified, FDA registered and meet all regulation standards set forth by the FDA Dietary Supplement Health and Education Act as outlined in the code of Regulations, Title 21, part 111. In addition, we are a Silver Partner with Emerson Ecologics Quality Assurance Program.

All said, if products are well made, but not well designed, they may fail at supporting health. At Vitanica, we are proud to remind you our products are researched and designed by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health.

Vitanica works like a business, but with the heart of a healer. Vitanica began in 1994 with the dream of helping women. Every day, we want to impact women's health through education and healing. Quality assurance is an essential element of meeting our dream.