

VITANICA® ~ PREGNANCY PREP™



Ideal planning for pregnancy involves promoting regular ovulation and supporting optimal uterine health and tone in preparation for fertilization and pregnancy.

Featured Ingredients:

- Regular ovulation is promoted with **Chaste tree berry** and **Tribulus**. Tribulus has research supporting this function and shows better results for women who took it with the ovulation-stimulating hormonal drug
- Uterine tone and hormonal balance is supported with botanicals: **Motherwort, Dong quai, Maca root** and **Alfalfa**
- **Red raspberry leaf** has centuries of traditional use in supporting the uterus in preparation for pregnancy
- **Rhodiola** is included for general endocrine system support and because research does indicate its support in fertility
- Enzymes are included to promote better nutrient uptake

Indications: In preparation for pregnancy women can optimize their fertility by supporting regular ovulation and the overall health and tone of the uterus with time-honored and scientifically researched botanicals.

Suggested Use: 2 capsules, once or twice daily

Size ~ 60 caps; UPC code ~ 7-08118-02235-7

Size ~ 120 caps; UPC code ~ 7-08118-02236-4

Contact ~ 800.572.4712; email ~ info@vitanica.com

Supplement Facts

Serving Size 2 Capsules, 60 Servings per Container

Amount per Serving		% Daily Value
Tribulus terrestris whole plant extract	750 mg	†
Chaste tree berry extract ~ Vitex agnus castus	240 mg	†
Rhodiola rosea root extract	100 mg	†
Maca root extract (4:1) ~ Lepidium-meyenii	80 mg	†
Dong quai root extract (2:1) ~ Angelica sinensis	45 mg	†
Motherwort aerial parts extract (2:1) ~ Leonurus cardiaca	45 mg	†
Red raspberry leaf extract (10:1) ~ Rubus idaeus	45 mg	†
Alfalfa aerial parts extract (5% saponins) ~ Medicago sativa	10 mg	†
Amylase	2000 SKB	†
Protease	7500 HUT	†
Lipase	25 FIP	†
Cellulase	25 CU	†
Lactase	250 ALU	†

† Daily Value not established

Other ingredients: vegetarian capsule (HPMC, water), cellulose, l-leucine.

Pregnancy Prep™ is suitable for vegetarians and vegans.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.