

VITANICA® ~ WOMEN'S PHASE II®



Our flagship product continues to be a successful option for menopausal women wanting to reduce symptoms and support the change in hormones naturally.

Featured Ingredients:

- Studied in a double-blind, placebo controlled study the results of this specific formula were published: 71% of the women reported fewer total symptoms and 100% had a reduction in the severity of symptoms
- Phytoestrogenic support for menopause and maintenance support for healthy breasts, bone and heart tissues from **Licorice root, Dong quai** and **Wild yam**
- Liver support from **Burdock root**, which in turn can support the shift in hormone levels menopausal women experience naturally
- **Motherwort**, a time-honored herb for menopausal women, promotes heart and uterine tone

Supplement Facts

Serving Size 2 Capsules

Amount per Serving	% Daily Value
Proprietary Blend	1300 mg †
Dong quai (Angelica sinensis) root	
Licorice (Glycyrrhiza glabra) root	
Burdock (Arctium lappa) root	
Motherwort (Leonurus cardiaca) aerial parts extract (4:1)	
Wild yam (Dioscorea villosa) root	

† Daily Value not established

Other ingredients: Vegan capsule (hydroxypropyl methylcellulose, water), L-leucine.

Indications: Perfect for mild to moderate menopause symptoms. Study results indicated relief for menopause related hot flashes, mood changes, sleeplessness and even vaginal dryness.

Suggested Use: 2 capsules, two times daily, or as directed by your healthcare practitioner.

Size ~ 90 caps; UPC code ~ 7-08118-02015-5

Size ~ 180 caps; UPC code ~ 7-08118-02010-0

Contact ~ 800.572.4712; email ~ info@vitanica.com



Quality Control Statement

Vitanica is committed to maintaining the content and purity of our dietary supplements. We believe this is accomplished by focusing on the principles that contribute to well-designed products which will support health without contributing to toxicity, utilizing safe and effective ingredients.

Good Manufacturing Practices involve having policies in place to assure adequate and clean facilities, training of staff, verifying and tracking suppliers, raw material testing, clean and organized manufacturing and labeling lines, record keeping, finished product testing, clean and regulated warehousing, etc.

At Vitanica, we strive for excellence in these principles.

One way to assure quality is through third party certification via on-premise observation and analysis. At Vitanica, we are glad to say our dietary supplement manufacturing facilities are third-party certified, FDA registered and meet all regulation standards set forth by the FDA Dietary Supplement Health and Education Act as outlined in the code of Regulations, Title 21, part 111. In addition, we are a Silver Partner with Emerson Ecologics Quality Assurance Program.

All said, if products are well made, but not well designed, they may fail at supporting health. At Vitanica, we are proud to remind you our products are researched and designed by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health.

Vitanica works like a business, but with the heart of a healer. Vitanica began in 1994 with the dream of helping women. Every day, we want to impact women's health through education and healing. Quality assurance is an essential element of meeting our dream.