



# VITANICA® ~ ADRENAL ASSIST™

Nutritional and herbal support for healthy adrenal gland function and enhanced resistance to stress; promotes the ability to handle prolonged stress with ease.

## Featured Ingredients:

- Nutritional support of normal adrenal gland function by providing the key nutrients in promoting adrenal hormone production with: **Vitamin B5, Vitamin B6, Vitamin C, Zinc and Magnesium**
- Promotes enhanced resistance to stress with tonic and adaptogenic herbs: **Eleutherococcus, American ginseng, Rhodiola, and Ashwagandha**
- Immune system support from **Astragalus, Holy basil, and Schizandra.**
- Overall vitality and tonic support from **Maca**

## Supplement Facts

Serving Size 3 Capsules, 30 Servings per Container

Amount per Serving		% Daily Value
Vitamin C, buffered (as calcium ascorbate)	500 mg	555
Vitamin B6 (as pyridoxal-5-phosphate)	50 mg	2940
Pantothenic acid (Vitamin B5) (as calcium pantothenate)	100 mg	2000
Calcium (as calcium ascorbate)	57 mg	4
Magnesium (as magnesium bisglycinate chelate)	50 mg	12
Zinc (as zinc bisglycinate chelate)	10 mg	61
Rhodiola rosea root extract	200 mg	†
Astragalus ( <i>Astragalus membranaceus</i> ) root	150 mg	†
Maca ( <i>Lepidium meyenii</i> ) root	125 mg	†
Ashwagandha ( <i>Withania somnifera</i> ) root extract	100 mg	†
Holy basil ( <i>Ocimum sanctum</i> ) leaf extract	100 mg	†
American Ginseng ( <i>Panax quinquefolius</i> ) root extract	100 mg	†
Schisandra ( <i>Schisandra chinensis</i> ) berry	75 mg	†
Eleuthero ( <i>Eleutherococcus senticosus</i> ) root extract	50 mg	†
† Daily Value not established		

Other ingredients: Vegan capsule (HPMC, water), calcium laurate.

**Indications:** Provides nutritional and botanical support for healthy adrenal gland function and adrenal hormone production; supports the initial response to stress as well as prolonged exposure to stressful situations.

**Suggested Use:** 1-3 capsules daily.

Size ~ 90 caps; UPC code ~ 7-08118-02294-4

Size ~ 180 caps; UPC code ~ 7-08118-02295-1

Contact ~ 800.572.4712; email ~ [info@vitanica.com](mailto:info@vitanica.com)



### **Quality Control Statement**

Vitanica is committed to maintaining the content and purity of our dietary supplements. We believe this is accomplished by focusing on the principles that contribute to well-designed products which will support health without contributing to toxicity, utilizing safe and effective ingredients.

Good Manufacturing Practices involve having policies in place to assure adequate and clean facilities, training of staff, verifying and tracking suppliers, raw material testing, clean and organized manufacturing and labeling lines, record keeping, finished product testing, clean and regulated warehousing, etc.

At Vitanica, we strive for excellence in these principles.

One way to assure quality is through third party certification via on-premise observation and analysis. At Vitanica, we are glad to say our dietary supplement manufacturing facilities are third-party certified, FDA registered and meet all regulation standards set forth by the FDA Dietary Supplement Health and Education Act as outlined in the code of Regulations, Title 21, part 111. In addition, we are a Silver Partner with Emerson Ecologics Quality Assurance Program.

All said, if products are well made, but not well designed, they may fail at supporting health. At Vitanica, we are proud to remind you our products are researched and designed by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health.

Vitanica works like a business, but with the heart of a healer. Vitanica began in 1994 with the dream of helping women. Every day, we want to impact women's health through education and healing. Quality assurance is an essential element of meeting our dream.