

VITANICA® ~ ADRENAL TONIC™



Tasty Tonics® are concentrated liquid herbal formulas designed with generous doses and blended with natural flavors & essential oils to taste great and encourage compliance for daily use. Adrenal Tonic™ is formulated to support the body's response to stress. The delicious Chai tea natural flavor makes it fun! Now available in beautiful green glass!

Featured Ingredients:

- **Maca root**, a.k.a. Peruvian Ginseng, is a traditionally used women's health herb in support of overall vitality; also helpful for men
- **Ashwagandha root** is a significant adaptogen, promoting adrenal and immune system balance
- **Rhodiola rosea root** is long-known to support endurance across many of the body's health systems. It is thought to maintain balance of the adrenal glands and support the stress response
- The delicious and natural Chai tea flavor makes this formula easy to take undiluted; also dilutes easily in water, either warm or cold

Indications: A fun and easy way to support healthy adrenal gland function; supports the initial response to stress and maintains balance and resilience, and with good taste!

Suggested Use: Shake well before using. Adults: 1 teaspoon, up to twice daily for 2 weeks during times of extra stress. Dilute in 2-3 ounces of warm or cool water, or to taste as a tasty herbal tea. May also be taken undiluted.

Size ~ 4 ounces; UPC code ~ 7-08118-02341-5

Contact ~ 800.572.4712; email ~ info@vitanica.com

Supplement Facts

Serving Size 4.92 ml/One Teaspoon, 24 Servings per Container

Amount per Serving		% Daily Value
Calories	15	
Total Carbohydrates	3 g	1%**
Maca root		
~ Lepidium peruvianum	500 mg	†
Ashwagandha root		
~ Withania somnifera	250 mg	†
Rhodiola rosea root extract	100 mg	†
Stevia leaf extract		
~ Stevia rebaudiana	3.4 mg	†

† Daily Value not established

** Percent Daily Values based on a 2000 calorie diet

Other ingredients: Vegetable glycerin, deionized water, vanilla natural flavor, essential oils of cinnamon, cardamom, fennel.



Quality Control Statement

Vitanica is committed to maintaining the content and purity of our dietary supplements. We believe this is accomplished by focusing on the principles that contribute to well-designed products which will support health without contributing to toxicity, utilizing safe and effective ingredients.

Good Manufacturing Practices involve having policies in place to assure adequate and clean facilities, training of staff, verifying and tracking suppliers, raw material testing, clean and organized manufacturing and labeling lines, record keeping, finished product testing, clean and regulated warehousing, etc.

At Vitanica, we strive for excellence in these principles.

One way to assure quality is through third party certification via on-premise observation and analysis. At Vitanica, we are glad to say our dietary supplement manufacturing facilities are third-party certified, FDA registered and meet all regulation standards set forth by the FDA Dietary Supplement Health and Education Act as outlined in the code of Regulations, Title 21, part 111. In addition, we are a Silver Partner with Emerson Ecologics Quality Assurance Program.

All said, if products are well made, but not well designed, they may fail at supporting health. At Vitanica, we are proud to remind you our products are researched and designed by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health.

Vitanica works like a business, but with the heart of a healer. Vitanica began in 1994 with the dream of helping women. Every day, we want to impact women's health through education and healing. Quality assurance is an essential element of meeting our dream.