

VITANICA® ~ BREASTBLEND™



BreastBlend is a formula promoting overall breast health. This is for any woman, or man, who wants to be pro-active in maintaining breast health. Contains researched ingredients for healthy breasts.

Featured Ingredients:

- According to numerous studies, supporting healthy breast tissue includes high dietary and supplemental amounts of the following nutraceuticals: **Vitamin C, Vitamin A, Vitamin D** and **Selenium**
- Foods supportive of healthy breasts include cruciferous vegetables, high in **indole-3-carbonole; DIM (diindolylmethane)** is the bioavailable form of indole-3-carbonole. DIM promotes healthy estrogen metabolism
- **Lycopene** and **Green tea** offer supportive antioxidant activity
- **High-lignan flax seed** is rich in fiber & promotes healthy estrogen balance
- **Calcium D-glucarate** promotes and maintains healthy detoxification via glucuronidation
- **CoEnzyme-Q10** has research indicating its supportive role in healthy breast tissue

Indications: Antioxidant and detoxification support for women and men wanting to maintain and promote healthy breast tissue.

Suggested Use: 2 capsules, 2 times per day.

Size ~ 90 caps; UPC code ~ 7-08118-02050-6

Contact ~ 800.572.4712; email ~ info@vitanica.com

Supplement Facts

Serving Size 2 Capsules,
45 Servings per Container

Amount per Serving		% Daily Value
Vitamin A (as natural mixed carotenoids)	1,500 mcg RAE	167
Vitamin C (as calcium ascorbate)	500 mg	555
Vitamin D-2 (as ergocalciferol)	7.5 mcg (300 IU)	37
Calcium (as calcium ascorbate)	57 mg	4
Selenium (as L-selenomethionine)	100 mcg	182
Flax (Linum usitatissimum) seed hull extract	350 mg	†
Green tea (Camellia sinensis) leaf extract	240 mg	†
Calcium D-Glucarate	150 mg	†
DIM (Diindolylmethane)	50 mg	†
Co-enzyme Q-10	15 mg	†
Lycopene (from tomato (Lycopersicon esculentum) extract)	1,500 mcg	†

† Daily Value not established

Other ingredients: Vegan capsule (HPMC, water), L-leucine.



Quality Control Statement

Vitanica is committed to maintaining the content and purity of our dietary supplements. We believe this is accomplished by focusing on the principles that contribute to well-designed products which will support health without contributing to toxicity, utilizing safe and effective ingredients.

Good Manufacturing Practices involve having policies in place to assure adequate and clean facilities, training of staff, verifying and tracking suppliers, raw material testing, clean and organized manufacturing and labeling lines, record keeping, finished product testing, clean and regulated warehousing, etc.

At Vitanica, we strive for excellence in these principles.

One way to assure quality is through third party certification via on-premise observation and analysis. At Vitanica, we are glad to say our dietary supplement manufacturing facilities are third-party certified, FDA registered and meet all regulation standards set forth by the FDA Dietary Supplement Health and Education Act as outlined in the code of Regulations, Title 21, part 111. In addition, we are a Silver Partner with Emerson Ecologics Quality Assurance Program.

All said, if products are well made, but not well designed, they may fail at supporting health. At Vitanica, we are proud to remind you our products are researched and designed by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health.

Vitanica works like a business, but with the heart of a healer. Vitanica began in 1994 with the dream of helping women. Every day, we want to impact women's health through education and healing. Quality assurance is an essential element of meeting our dream.