

# VITANICA® ~ CHASTE TREE BERRY



Chaste tree berry, also known as Vitex, is one of the most reliable herbs for young women in their reproductive years, to support a healthy, regulated menstrual cycle.

## Featured Ingredients:

- Provides an unusually high dose of the concentrated **Chaste tree berry extract**
- Combines the scientifically studied extract in addition to the traditionally used **whole berry** offering the synergy of a full spectrum herb
- **Chaste tree berry** works by modulating progesterone levels, thereby promoting regular ovulation and more balanced hormone levels
- Clinical research supports the traditional use of this herb for young women, who are still in their reproductive years, in support of healthy menstrual regularity and easier cycles

**Indications:** An ideal herb for young women in their 20's, 30's, and 40's promoting regular menstrual cycles; features the scientifically studied extract as well as the whole dried berry.

**Suggested Use:** 1 capsule daily.

Size ~ 60 caps; UPC code ~ 7-08118-02055-1

Contact ~ 800.572.4712; email ~ [info@vitanica.com](mailto:info@vitanica.com)

## Supplement Facts

Serving Size 1 Capsule, 60 Servings per Container

Amount per Serving		% Daily Value
Chaste tree ( <i>Vitex agnus-castus</i> ) berry extract (.6% aucubin)	215mg	†
Chaste tree ( <i>Vitex agnus-castus</i> ) berry	25mg	†

† Daily Value not established

Other ingredients: Vegan capsule (HPMC, water), microcrystalline cellulose, L-leucine, silica.



## **Quality Control Statement**

Vitanica is committed to maintaining the content and purity of our dietary supplements. We believe this is accomplished by focusing on the principles that contribute to well-designed products which will support health without contributing to toxicity, utilizing safe and effective ingredients.

Good Manufacturing Practices involve having policies in place to assure adequate and clean facilities, training of staff, verifying and tracking suppliers, raw material testing, clean and organized manufacturing and labeling lines, record keeping, finished product testing, clean and regulated warehousing, etc.

At Vitanica, we strive for excellence in these principles.

One way to assure quality is through third party certification via on-premise observation and analysis. At Vitanica, we are glad to say our dietary supplement manufacturing facilities are third-party certified, FDA registered and meet all regulation standards set forth by the FDA Dietary Supplement Health and Education Act as outlined in the code of Regulations, Title 21, part 111. In addition, we are a Silver Partner with Emerson Ecologics Quality Assurance Program.

All said, if products are well made, but not well designed, they may fail at supporting health. At Vitanica, we are proud to remind you our products are researched and designed by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health.

Vitanica works like a business, but with the heart of a healer. Vitanica began in 1994 with the dream of helping women. Every day, we want to impact women's health through education and healing. Quality assurance is an essential element of meeting our dream.