

# VITANICA® ~ COLON MOTILITY BLEND™



Colon Motility Blend combines unique digestive tonics and bitters with gentle laxative stimulants & digestive enzymes for a complete colon support product; can be used for regular colon support or in conjunction with a cleansing protocol.

## Featured Ingredients:

- **Magnesium** acts as a stool softener, promotes movement in the colon
- Bitter herbs - **Yellow gentian root** and **Dandelion** - promote the secretion of digestive fluids and bile. Yellow gentian is gentle on the stomach
- **Triphala**, the Ayurvedic blend of three fruits, promotes gentle cleansing and toning of the colon
- **Turkey Rhubarb** is a traditionally used herb supporting purgative process
- **Digestive Enzymes** are included for complete digestive system support

**Indications:** Designed to be a gentle yet effective approach to promote tone in the colon; supports enhanced digestion and elimination and can be used safely for several months.

**Suggested Use:** 3 capsules once per day or 1 capsule three times per day, for up to 3 months or as advised by your healthcare practitioner.

Size ~ 90 caps; Item code ~ 7-08118-02308-8

Contact ~ 800.572.4712; email ~ [info@vitanica.com](mailto:info@vitanica.com)

## Supplement Facts

Serving Size 3 Capsules, 30 Servings per Container

Amount per Serving		% Daily Value
Magnesium (as citrate, malate)	200 mg	48%
Yellow Gentian ( <i>Gentiana lutea</i> ) root extract (4:1)	500 mg	†
Turkey rhubarb ( <i>Rheum palmatum</i> ) root extract (4:1)	250 mg	†
Triphala powder	250 mg	†
Haritaki ( <i>Terminalia chebula</i> ) fruit		
Amla ( <i>Embllica officinalis</i> ) fruit		
Bibhitaki ( <i>Terminalia bellirica</i> ) fruit		
Dandelion ( <i>Taraxacum officinale</i> ) root extract (4:1)	100 mg	†
Protease	37,500 HUT	†
Amylase	7,500 SKB	†
Lipase	250 FIP	†
Cellulase	125 CU	†
Invertase	50 SU	†
Lactase	250 ALU	†
Bromelain	50 GDU	†

† Daily Value not established

Other ingredients: Vegan capsule (HPMC, water), L-leucine.



## **Quality Control Statement**

Vitanica is committed to maintaining the content and purity of our dietary supplements. We believe this is accomplished by focusing on the principles that contribute to well-designed products which will support health without contributing to toxicity, utilizing safe and effective ingredients.

Good Manufacturing Practices involve having policies in place to assure adequate and clean facilities, training of staff, verifying and tracking suppliers, raw material testing, clean and organized manufacturing and labeling lines, record keeping, finished product testing, clean and regulated warehousing, etc.

At Vitanica, we strive for excellence in these principles.

One way to assure quality is through third party certification via on-premise observation and analysis. At Vitanica, we are glad to say our dietary supplement manufacturing facilities are third-party certified, FDA registered and meet all regulation standards set forth by the FDA Dietary Supplement Health and Education Act as outlined in the code of Regulations, Title 21, part 111. In addition, we are a Silver Partner with Emerson Ecologics Quality Assurance Program.

All said, if products are well made, but not well designed, they may fail at supporting health. At Vitanica, we are proud to remind you our products are researched and designed by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health.

Vitanica works like a business, but with the heart of a healer. Vitanica began in 1994 with the dream of helping women. Every day, we want to impact women's health through education and healing. Quality assurance is an essential element of meeting our dream.