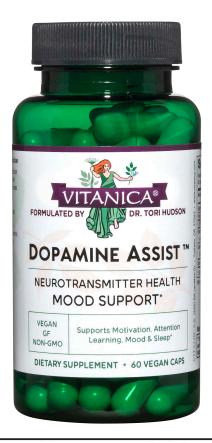
## VITANICA® ~ DOPAMINE ASSIST™



Dopamine Assist supports the body's natural production of dopamine, one of the body's primary catecholamines, and essential for balanced central nervous system function in the areas of motivation, attention, learning, mood and sleep.

## **Featured Ingredients:**

- **Mucuna pruriens** is a botanical naturally promoting production of the metabolic precursor to dopamine, which crosses the blood brain barrier
- **Tyrosine** is a non-essential amino acid, easily synthesized in the body from phenylalanine and then converted into dopamine, epinephrine, and norepinephrine; when taken as a supplement, it does not have to compete with other amino acids, as it does when it is present in foods
- Tyrosine, Vitamin B6, Green tea, Quercetin and Folate (L-5-MTHF) are all synergistic ingredients in maintaining dopamine and promoting a restored and balanced neurotransmitter environment in the brain

## **Supplement Facts**

Serving Size 2 Capsules 30 Servings per Container

30 Servings per Container		
Amount per Serving		% Daily Value
Vitamin B-6 (as pyridoxal-5-phosphate)	25 mg	1250
Folate (as (6S)-5-methylfolate, glucosamine salt)	800 mcg	200
L-tyrosine	800 mg	†
Velvet bean ( <i>Mucuna pruriens</i> )		
seed extract	425 mg	
Green tea (Camellia sinensis) leaf extract		
(98% polyphenols, 70% EGCG)	100 mg	
Quercetin	100 mg	†
† Daily Value not established		

**Indications:** The ingredients in this formula are selected due to their known effects of promoting the mechanisms that bring about the desired positive support on the delicate balance of brain neurotransmitter chemistry. It is important that all neurotransmitters be balanced to support mental, emotional and physical health, day to day and for future wellness.

Suggested Use: 2 capsules daily.

Size ~ 60 caps; UPC code ~ 7-08118-02355-2 Contact ~ 800.572.4712; email ~ info@vitanica.com



## **Quality Control Statement**

Vitanica is committed to maintaining the content and purity of our dietary supplements. We believe this is accomplished by focusing on the principles that contribute to well-designed products which will support health without contributing to toxicity, utilizing safe and effective ingredients.

Good Manufacturing Practices involve having policies in place to assure adequate and clean facilities, training of staff, verifying and tracking suppliers, raw material testing, clean and organized manufacturing and labeling lines, record keeping, finished product testing, clean and regulated warehousing, etc.

At Vitanica, we strive for excellence in these principles.

One way to assure quality is through third party certification via on-premise observation and analysis. At Vitanica, we are glad to say our dietary supplement manufacturing facilities are third-party certified, FDA registered and meet all regulation standards set forth by the FDA Dietary Supplement Health and Education Act as outlined in the code of Regulations, Title 21, part 111. In addition, we are a Silver Partner with Emerson Ecologics Quality Assurance Program.

All said, if products are well made, but not well designed, they may fail at supporting health. At Vitanica, we are proud to remind you our products are researched and designed by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health.

Vitanica works like a business, but with the heart of a healer. Vitanica began in 1994 with the dream of helping women. Every day, we want to impact women's health through education and healing. Quality assurance is an essential element of meeting our dream.