

# VITANICA® ~ GREEN TEA

Research on green tea reveals it to be rich with antioxidant activity, supportive of breast health and healthy immune functions; our capsules feature the synergy of the standardized extract and the traditional whole leaf powder.

## Featured Ingredients:

- **Green tea** polyphenols (catechin, epicatechin, epicatechin gallate, epigallocatechin gallate and proanthocyanidins) promote significant antioxidant activity as well as antioxidant enzyme activity
- Each capsule contains 330 mg of polyphenols and is equal to 3 cups of green tea, a traditional daily dose for Japanese adults
- Studies have shown EGCG (epigallocatechin gallate) to maintain healthy cell growth, promote apoptosis and support the regulation of gene expression
- **Green tea** also appears to promote thermogenesis, making it a nice addition to any weight management protocol

## Supplement Facts

Serving Size 1 Capsule, 60 Servings per Container

Amount per Serving	% Daily Value
Green tea ( <i>Camellia sinensis</i> ) leaf extract (98% polyphenols, 80% catechins, 45% EGCG)	330 mg †
Green tea ( <i>Camellia sinensis</i> ) leaf	50 mg †

† Daily Value not established

Other ingredients: Vegan capsule (HPMC, water), microcrystalline cellulose.

**Indications:** This incredible herb can be used in a variety of health supportive protocols where antioxidant activity is desired; promotes overall healthy cellular function.

**Suggested Use:** 1 capsule, up to three times daily.

Size ~ 60 caps; UPC code ~ 7-08118-02185-5

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## **Quality Control Statement**

Vitanica is committed to maintaining the content and purity of our dietary supplements. We believe this is accomplished by focusing on the principles that contribute to well-designed products which will support health without contributing to toxicity, utilizing safe and effective ingredients.

Good Manufacturing Practices involve having policies in place to assure adequate and clean facilities, training of staff, verifying and tracking suppliers, raw material testing, clean and organized manufacturing and labeling lines, record keeping, finished product testing, clean and regulated warehousing, etc.

At Vitanica, we strive for excellence in these principles.

One way to assure quality is through third party certification via on-premise observation and analysis. At Vitanica, we are glad to say our dietary supplement manufacturing facilities are third-party certified, FDA registered and meet all regulation standards set forth by the FDA Dietary Supplement Health and Education Act as outlined in the code of Regulations, Title 21, part 111. In addition, we are a Silver Partner with Emerson Ecologics Quality Assurance Program.

All said, if products are well made, but not well designed, they may fail at supporting health. At Vitanica, we are proud to remind you our products are researched and designed by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health.

Vitanica works like a business, but with the heart of a healer. Vitanica began in 1994 with the dream of helping women. Every day, we want to impact women's health through education and healing. Quality assurance is an essential element of meeting our dream.