



VITANICA® ~ IMMUNE SYMMETRY™

This versatile formula combines scientific and traditionally used herbs and nutrients to promote immune system maintenance and good health. This can be helpful during stressful times in order to maintain a healthy system.

Featured Ingredients:

- Both **Vitamin A** and **Natural mixed carotenoids** offer well-researched immune system support, including white blood cell function
- **Vitamin C** and **Vitamin E** are powerful antioxidants, supported by research to promote healthy immune function on a cellular level
- Research shows maintaining healthy levels of certain B Vitamins supports healthy immune system function overall: **B6, B12** and **Methylated Folic acid (L-5 MTHF)**
- Botanical support from well-researched herbs and traditionally honored herbs for immune health: **Echinacea, Astragalus, Myrrh, Garlic, Oregon grape root, Green tea, Eleutherococcus** and **Licorice root**

Supplement Facts

Serving Size 2 Capsules
30 Servings per Container

Amount per Serving		% Daily Value
Vitamin A (as natural mixed carotenoids, retinyl palmitate)	658 mcg	73
(Pro Vitamin A 178 mcg)		
Vitamin C (as calcium ascorbate)	450 mg	500
Vitamin E (as d-alpha tocopheryl succinate)	67 mg	447
Vitamin B6 (as pyridoxal-5-phosphate)	15 mg	882
Folate (as L-Methylfolate calcium)	340 mcg DFE	85
Vitamin B12 (as methylcobalamin)	50 mcg	2083
Calcium (as calcium ascorbate)	51 mg	4
Zinc (as zinc picolinate)	15 mg	136
Selenium (as L-selenomethionine)	65 mcg	118
Licorice (<i>Glycyrrhiza glabra</i>) root	150 mg	†
Garlic (<i>Allium sativum</i>) bulb extract	130 mg	†
Oregon grape (<i>Berberis aquifolium</i>) root	120 mg	†
Eleuthero (<i>Eleutherococcus senticosus</i>) root extract	100 mg	†
Bioflavonoids (from citrus)	100 mg	†
Echinacea (<i>Echinacea purpurea</i>) root	70 mg	†
Echinacea (<i>Echinacea angustifolia</i>) root extract	50 mg	†
Green tea (<i>Camellia sinensis</i>) leaf extract	50 mg	†
Astragalus (<i>Astragalus membranaceus</i>) root	30 mg	†
Myrrh (<i>Commiphora molmol</i>) gum resin	30 mg	†

† Daily Value not established

Other ingredients: Vegan capsule (hydroxypropyl methylcellulose, water), calcium laurate, silica.

Indications: A robust formula with nutrients and botanicals in support of maintaining healthy immune system function.*

Suggested Use: 2 capsules, 1-3 times daily.

Size ~ 60 caps; UPC code ~ 7-08118-02175-6

Contact ~ 800.572.4712; email ~ info@vitanica.com



Quality Control Statement

Vitanica is committed to maintaining the content and purity of our dietary supplements. We believe this is accomplished by focusing on the principles that contribute to well-designed products which will support health without contributing to toxicity, utilizing safe and effective ingredients.

Good Manufacturing Practices involve having policies in place to assure adequate and clean facilities, training of staff, verifying and tracking suppliers, raw material testing, clean and organized manufacturing and labeling lines, record keeping, finished product testing, clean and regulated warehousing, etc.

At Vitanica, we strive for excellence in these principles.

One way to assure quality is through third party certification via on-premise observation and analysis. At Vitanica, we are glad to say our dietary supplement manufacturing facilities are third-party certified, FDA registered and meet all regulation standards set forth by the FDA Dietary Supplement Health and Education Act as outlined in the code of Regulations, Title 21, part 111. In addition, we are a Silver Partner with Emerson Ecologics Quality Assurance Program.

All said, if products are well made, but not well designed, they may fail at supporting health. At Vitanica, we are proud to remind you our products are researched and designed by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health.

Vitanica works like a business, but with the heart of a healer. Vitanica began in 1994 with the dream of helping women. Every day, we want to impact women's health through education and healing. Quality assurance is an essential element of meeting our dream.