

VITANICA® ~ LYSINE EXTRA™



Based on nutritional research, botanical research and clinical data, this formula has been developed for its immune system support with the benefits of lysine.

Featured Ingredients:

- **L-lysine** is an amino acid shown in research to support healthy immune system function better than placebo
- **Lemon balm** has shown to have beneficial supportive immune system function
- **Vitamin C** offers antioxidant activity for immune system support
- **Oregon grape root** and **Myrrh** have a long traditional use in support of healthy immune system function; **Astragalus** is another popular traditionally used immune supportive herb, especially for deep immune system support and healthy maintenance

Supplement Facts

Serving Size 2 Capsules, 30 Servings per Container

| Amount per Serving | | % Daily Value |
|--|--------|---------------|
| Vitamin C (as calcium ascorbate) | 40 mg | 44 |
| Calcium (as calcium ascorbate) | 4 mg | <1 |
| Zinc (as zinc picolinate) | 30 mg | 273 |
| L-Lysine HCl | 800 mg | † |
| St. John's wort (<i>Hypericum perforatum</i>) aerial parts extract | 120 mg | † |
| Lemon balm (<i>Melissa officinalis</i>) leaf and stem extract | 110 mg | † |
| Astragalus (<i>Astragalus membranaceus</i>) root | 110 mg | † |
| Oregon grape (<i>Berberis aquifolium</i>) root | 110 mg | † |
| Myrrh (<i>Commiphora molmo</i>) gum resin | 50 mg | † |

† Daily Value not established

Other ingredients: Vegan capsule (HPMC, water), L-leucine.

Indications: Provides researched nutritional and botanical support for healthy immune system response with the added benefits of lysine.

Suggested Use:

Maintenance support - 2 capsules per day.

Temporary support - 2 capsules, two to three times per day for up to 10 days.

Size ~ 60 caps; UPC code ~ 7-08118-02030-8

Contact ~ 800.572.4712; email ~ info@vitanica.com



Quality Control Statement

Vitanica is committed to maintaining the content and purity of our dietary supplements. We believe this is accomplished by focusing on the principles that contribute to well-designed products which will support health without contributing to toxicity, utilizing safe and effective ingredients.

Good Manufacturing Practices involve having policies in place to assure adequate and clean facilities, training of staff, verifying and tracking suppliers, raw material testing, clean and organized manufacturing and labeling lines, record keeping, finished product testing, clean and regulated warehousing, etc.

At Vitanica, we strive for excellence in these principles.

One way to assure quality is through third party certification via on-premise observation and analysis. At Vitanica, we are glad to say our dietary supplement manufacturing facilities are third-party certified, FDA registered and meet all regulation standards set forth by the FDA Dietary Supplement Health and Education Act as outlined in the code of Regulations, Title 21, part 111. In addition, we are a Silver Partner with Emerson Ecologics Quality Assurance Program.

All said, if products are well made, but not well designed, they may fail at supporting health. At Vitanica, we are proud to remind you our products are researched and designed by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health.

Vitanica works like a business, but with the heart of a healer. Vitanica began in 1994 with the dream of helping women. Every day, we want to impact women's health through education and healing. Quality assurance is an essential element of meeting our dream.