

VITANICA® ~ MATERNAL SYMMETRY™



Our high quality, high potency multivitamin and mineral supplement formulated for pregnancy support – before, during and after childbirth. As always, hypoallergenic and preservative-free.

Featured Ingredients:

- Includes gentle forms of **Iron**; because iron is important during pregnancy, but it doesn't have to be uncomfortable
- **Pro Vitamin A** is a blend of natural mixed carotenoids yielding a safe source of vitamin A for pregnant women, without retinyl palmitate
- Higher amount of **Folic acid** supports mother and fetus in development; we use the more bioavailable **Methylated folate acid (L-5-MTHF)**
- Botanicals included are safe during pregnancy and have a long tradition of use by midwives and herbalists to support uterine tone, healthy digestion, additional nourishment from mineral rich herbs, and promote calming: **Partridge berry, Ginger, Nettles leaf, Lemon balm, Oatstraw, and Dandelion root**

Indications: A high quality prenatal multi-vitamin mineral offering comprehensive support of key nutritional needs for mother and developing baby before pregnancy, in the planning and preparation stages, during pregnancy, and after while breastfeeding.

Suggested Use: 2 capsules with food, three times per day during pregnancy and lactation, or as directed by your physician.

Size ~ 180 caps; UPC code ~ 7-08118-02095-7
Contact ~ 800.572.4712; email ~ info@vitanica.com