

VITANICA® ~ NAUSEA EASE™



Research on key nutrients and knowledge of traditional herbs combine in this thoughtful formula for morning sickness and general intestinal nausea. Safe for short term use while pregnant.

Featured Ingredients:

- **Vitamin B6** has shown in research to promote relief from morning sickness, although best used in combination with other ingredients
- **Vitamin K** and **Vitamin C** used together have shown excellent support for relief of nausea
- **Ginger** has a long tradition of supporting the entire digestive system, and especially in promoting relief from morning sickness. It also has an excellent safety profile and is safe for use during pregnancy
- **Peppermint** and **Lemon balm** are traditionally used gentle herbs supportive for the stomach

Indications: Supports the relief of general nausea and morning sickness with science based nutrients and historically used herbs.

Suggested Use: 1 capsule, up to twice daily. Safe during pregnancy for short term use.

Size ~ 60 caps; UPC code ~ 7-08118-02170-1

Contact ~ 800.572.4712; email ~ info@vitanica.com

Supplement Facts

Serving Size 1 Capsule, 60 servings per container

Amount per Serving		% Daily Value
Vitamin C (as calcium ascorbate, buffered)	250 mg	416
Vitamin K-1 (as phylloquinone)	25 mcg	31
Vitamin B6 (as pyridoxal-5-phosphate)	38 mg	1900
Ginger root extract ~ Zingiber officinale	50 mg	†
Ginger root ~ Zingiber officinale	400 mg	†
Peppermint leaf ~ Mentha piperita	25 mg	†
Lemon balm leaf ~ Melissa officinalis	25 mg	†

† Daily Value not established

Other ingredients: vegetarian capsule (cellulose and water).

Nausea Ease™ is suitable for vegetarians and vegans.

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**