

# VITANICA® ~ OSTEODRINK™



All the benefits of our holistic OsteoBlend™ formula, in a powdered form, incorporating the more soluble forms of the nutrients. Easily mixes in water or other liquids.

## Featured Ingredients:

- The amount of **Calcium** in our formula takes into account a woman's dietary intake as well as the supplemented amount. In general, we consume 500 mg of calcium from our diet. Providing 500 mg, at 1 scoop daily, OsteoDrink™ meets most daily requirements without getting an excessive amount
- **Vitamin D** and **Magnesium** are two of the most important cofactors supporting bone health and calcium utilization in the body
- **Vitamin K** is another strong contributing factor in the maintenance of bone health, promoting the production of osteocalcin
- Important trace minerals and vitamins: **Manganese, Boron, Zinc, Copper, and Vitamin B6 and Methylated Folate (as L-5-MTHF)**

**Indications:** Naturally and holistically promotes the maintenance of healthy bone structure and integrity with this thoughtful and complete powdered formula.

**Suggested Use:** Add one (1) level scoop daily to water, juice or other drinks. Stir until well dissolved. Also suitable for men.

## Supplement Facts

Serving Size 1 scoop, 30 Servings Per Container

Amount per scoop		% Daily Value*
Calories	1	
Calories from fat	0	
Total Fat	0	0
Total Carbohydrates	.2 g	<1
Protein	0	0
Vitamin D2 (as ergocalciferol)	400 IU	100
Vitamin K (as phyloquinone)	200 mcg	250
Riboflavin (as Vitamin B2, riboflavin-5-phosphate)	800 mcg	47
Vitamin B6 (as pyridoxine HCL)	25 mg	1250
Folate (as L-5-MTHF, calcium salt)	400 mcg	100
Calcium (as lactate, lactic acid derived from beets)	500 mg	50
Magnesium (as citrate)	250 mg	62
Zinc (as sulfate)	5 mg	25
Selenium (as L-Selenomethionine)	50 mcg	71
Copper (as gluconate)	1.50 mg	74
Manganese (as citrate)	8 mg	400
Chromium (as picolinate)	100 mcg	82
Boron (as citrate)	3.0 mg	†

† Daily Value not established \*Percent Daily Values based on 2000 calorie diet.

Other ingredients: citric acid, maltodextrin, honey powder, orange flavors, silica and stevia.

**Osteodrink™ is suitable for vegetarians.**

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Size ~ 6.14 oz.; UPC code ~ 7-08118-02067-4

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