

VITANICA® ~ IRON TONIC™



Tasty Tonics® are concentrated liquid herbal formulas designed with therapeutic doses and blended with natural flavors & essential oils to taste great and encourage compliance for daily use. Iron Tonic™ maintains healthy iron levels with a delicious blackberry flavor. Available now in beautiful green glass!

Featured Ingredients:

- Featuring **10 mg of Elemental Iron**, from natural and gentle, highly bioavailable form of iron: **Ferrous bisglycinate (Ferochel®)**,
- **Red raspberry leaf** is a mineral-rich botanical, including iron and other supportive minerals
- **Lemongrass herb** offers digestive support, as well as general red blood cell maintenance support
- **Beet root juice** is one of the best vegetables to support iron and red blood cell support. Maintains healthy cellular oxygen levels

Supplement Facts

Serving Size 4.92 ml/One Teaspoon, 24 Servings per Container

Amount per Serving		% Daily Value
Calories	15	
Total Carbohydrates	3 g	1%**
Iron (as Ferrous Bisglycinate Chelate)	10 mg	55
Red raspberry leaf ~ Rubus idaeus	250 mg	†
Lemongrass herb ~ Cymbopogon citratus	200 mg	†
Beet root juice ~ Beta vulgaris	100 mg	†
Stevia leaf extract ~ Stevia rebaudiana	5 mg	†

† Daily Value not established

**Percent Daily Values based on 2,000 calorie diet

Other ingredients: Vegetable glycerin, deionized water, blackberry juice concentrate, mixed berry natural flavors, citric acid.

Indications: Maintains healthy iron levels with easy to use, delicious blackberry taste; Gentle on the system, natural iron supplementation.

Suggested Use: Shake well before using. Adults: 1-2 teaspoons per day. Dilute in 2-3 ounces of warm or cool water, or to taste as a delicious tea. May also be taken undiluted, directly in the mouth.

Size ~ 4 ounces; UPC code ~ 7-08118-02117-6

Contact ~ 800.572.4712; email ~ info@vitanica.com



Quality Control Statement

Vitanica is committed to maintaining the content and purity of our dietary supplements. We believe this is accomplished by focusing on the principles that contribute to well-designed products which will support health without contributing to toxicity, utilizing safe and effective ingredients.

Good Manufacturing Practices involve having policies in place to assure adequate and clean facilities, training of staff, verifying and tracking suppliers, raw material testing, clean and organized manufacturing and labeling lines, record keeping, finished product testing, clean and regulated warehousing, etc.

At Vitanica, we strive for excellence in these principles.

One way to assure quality is through third party certification via on-premise observation and analysis. At Vitanica, we are glad to say our dietary supplement manufacturing facilities are third-party certified, FDA registered and meet all regulation standards set forth by the FDA Dietary Supplement Health and Education Act as outlined in the code of Regulations, Title 21, part 111. In addition, we are a Silver Partner with Emerson Ecologics Quality Assurance Program.

All said, if products are well made, but not well designed, they may fail at supporting health. At Vitanica, we are proud to remind you our products are researched and designed by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health.

Vitanica works like a business, but with the heart of a healer. Vitanica began in 1994 with the dream of helping women. Every day, we want to impact women's health through education and healing. Quality assurance is an essential element of meeting our dream.