



# VITANICA® ~ HEPAFEM™

HepaFem is a combination of traditional western herbs supporting healthy liver detoxification.

## Featured Ingredients:

- **Burdock** is traditionally used as a blood purifier to support cleansing of toxins from the blood stream; also promotes bile flow
- **Dandelion** enhances the flow of bile by promoting the gallbladder to contract and release stored bile into the intestines
- **Milk thistle** is one of the most reliable herbs to support liver detoxification and may also prevent toxin penetration
- **Celandine, Curcumin, and Beet root** contribute further to promote bile release and traditional support of the liver

## Supplement Facts

Serving Size 2 Capsules  
Servings per Container 30

Amount per Serving	% Daily Value
Burdock ( <i>Arctium lappa</i> ) root extract (4:1)	300 mg †
Dandelion ( <i>Taraxacum officinale</i> ) root extract (4:1)	300 mg †
Milk thistle ( <i>Silybum marianum</i> ) seed extract	100 mg †
Celandine ( <i>Chelidonium majus</i> ) herb	100 mg †
Curcumin ( <i>Curcuma longa</i> ) root extract	100 mg †
Beet ( <i>Beta vulgaris</i> ) root	100 mg †

† Daily Value not established

Other ingredients: Vegan capsule (hydroxypropyl methylcellulose, water), microcrystalline cellulose.

**Indications:** This product is highly effective in promoting the liver to produce and release toxic-laden bile. A person's bowels need to be functioning properly before using this product due to the release of toxic bile (minimum of 1 healthy bowel movement per day).

**Suggested Use:** 2 capsules per day.

Size ~ 60 caps; Item code ~ 7-08118-02265-4

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### **Quality Control Statement**

Vitanica is committed to maintaining the content and purity of our dietary supplements. We believe this is accomplished by focusing on the principles that contribute to well-designed products which will support health without contributing to toxicity, utilizing safe and effective ingredients.

Good Manufacturing Practices involve having policies in place to assure adequate and clean facilities, training of staff, verifying and tracking suppliers, raw material testing, clean and organized manufacturing and labeling lines, record keeping, finished product testing, clean and regulated warehousing, etc.

At Vitanica, we strive for excellence in these principles.

One way to assure quality is through third party certification via on-premise observation and analysis. At Vitanica, we are glad to say our dietary supplement manufacturing facilities are third-party certified, FDA registered and meet all regulation standards set forth by the FDA Dietary Supplement Health and Education Act as outlined in the code of Regulations, Title 21, part 111. In addition, we are a Silver Partner with Emerson Ecologics Quality Assurance Program.

All said, if products are well made, but not well designed, they may fail at supporting health. At Vitanica, we are proud to remind you our products are researched and designed by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health.

Vitanica began in 1994 with the dream of helping women. Every day, we want to impact women's health through education and healing. Quality assurance is an essential element of meeting our dream.