

VITANICA® ~ METABOLIC MANAGER™



A holistic formula supporting the maintenance of a healthy glycemc and metabolic response. This formula combines nutrients and botanicals rich in antioxidant and adaptogenic properties.

Featured Ingredients:

- Botanicals supporting a healthy insulin response: **Bitter melon, Cinnamon, Gymnema, American Ginseng, Turmeric**
- **Fenugreek, Gymnema** and **Cinnamon** are well known herbs promoting a healthy glucose absorption rate
- Antioxidant support comes from **NAC (N-Acetyl L-Cysteine), Turmeric**
- **Chromium** promotes healthy glucose, insulin and lipid metabolism
- **Vitamin D, NAC, American Ginseng** and **Fenugreek** support healthy hormone mechanisms and glycemc balance

Supplement Facts

Serving Size 4 Capsules
30 Servings per Container

Amount per Serving		% Daily Value
Vitamin D2 (as ergocalciferol)	25 mcg (1000 IU)	125
Chromium (as polynicotinate)	500 mcg	1428
N-Acetyl L-Cysteine	800 mg	†
Turmeric (Curcuma longa) root extract (4:1)	500 mg	†
Fenugreek (Trigonella foenum-graecum) seed extract (4:1)	500 mg	†
Cinnamon (Cinnamomum verum) bark	500 mg	†
Bitter melon (Momordica charantia) fruit extract (4:1)	400 mg	†
Gymnema (Gymnema sylvestre) leaf extract (4:1)	400 mg	†
American ginseng (Panax quinquefolius) root extract (5:1)	200 mg	†

† Daily Value not established

Other ingredients: Vegan capsule (HPMC and water).

Indications: Promotes normal healthy glycemc and metabolic response with natural botanicals and nutrients.

Suggested Use: 2 to 4 capsules with breakfast, and 2 to 4 capsules with lunch or dinner.

Size ~ 120 caps; UPC code ~ 7-08118-02033-9

Contact ~ 800.572.4712; email ~ info@vitanica.com



Quality Control Statement

Vitanica is committed to maintaining the content and purity of our dietary supplements. We believe this is accomplished by focusing on the principles that contribute to well-designed products which will support health without contributing to toxicity, utilizing safe and effective ingredients.

Good Manufacturing Practices involve having policies in place to assure adequate and clean facilities, training of staff, verifying and tracking suppliers, raw material testing, clean and organized manufacturing and labeling lines, record keeping, finished product testing, clean and regulated warehousing, etc.

At Vitanica, we strive for excellence in these principles.

One way to assure quality is through third party certification via on-premise observation and analysis. At Vitanica, we are glad to say our dietary supplement manufacturing facilities are third-party certified, FDA registered and meet all regulation standards set forth by the FDA Dietary Supplement Health and Education Act as outlined in the code of Regulations, Title 21, part 111. In addition, we are a Silver Partner with Emerson Ecologics Quality Assurance Program.

All said, if products are well made, but not well designed, they may fail at supporting health. At Vitanica, we are proud to remind you our products are researched and designed by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health.

Vitanica works like a business, but with the heart of a healer. Vitanica began in 1994 with the dream of helping women. Every day, we want to impact women's health through education and healing. Quality assurance is an essential element of meeting our dream.