

VITANICA® ~ MOOD TONIC™



Tasty Tonics® are concentrated liquid herbal formulas designed with therapeutic doses and blended with natural flavors & essential oils to taste great and encourage compliance for daily use. Mood Tonic™ is thoughtfully formulated to support a positive mood. Now available in beautiful green glass!

Featured Ingredients:

- **St. John's wort** is one of the most well-researched herbs in support of a positive mood
- **Passion flower** and **Lemon balm** are traditionally well-known to promote a calming feeling and maintain an ease of tension
- **Rhodiola rosea root** is supportive of endurance across many of the body's health systems. It is a wonderful overall tonic herb with adaptogenic properties, naturally supporting a positive mood
- The delicious and natural peach flavor blends well with the astringent herbs in this formula to taste like peach iced tea

Supplement Facts

Serving Size 4.92 ml/One Teaspoon, 24 Servings per Container

Amount per Serving	% Daily Value	
Calories	15	
Total Carbohydrates	3 g	1%**
Lemon balm herb ~ <i>Melissa officinalis</i>	1000 mg	†
St. John's wort flower ~ <i>Hypericum perforatum</i>	150 mg	†
Passion flower herb ~ <i>Passiflora incarnata</i>	100 mg	†
Rhodiola rosea root	50 mg	†
Stevia leaf extract ~ <i>Stevia rebaudiana</i>	3.5 mg	†

† Daily Value not established

**Percent Daily Values based on 2000 calorie diet

Other ingredients: Vegetable glycerin, deionized water, natural peach and orange flavoring.

Indications: A fun, easy & tasty way to support a positive mood.

This is your new go-to commuter tonic!

Suggested Use: 1 teaspoon (3 droppers), up to 3 times daily. Dilute in 2-3 ounces of warm or cool water, or to taste as a satisfying herbal tea. May be taken undiluted, directly in the mouth.

Size ~ 4 ounces; UPC code ~ 7-08118-02351-4

Contact ~ 800.572.4712; email ~ info@vitanica.com



Quality Control Statement

Vitanica is committed to maintaining the content and purity of our dietary supplements. We believe this is accomplished by focusing on the principles that contribute to well-designed products which will support health without contributing to toxicity, utilizing safe and effective ingredients.

Good Manufacturing Practices involve having policies in place to assure adequate and clean facilities, training of staff, verifying and tracking suppliers, raw material testing, clean and organized manufacturing and labeling lines, record keeping, finished product testing, clean and regulated warehousing, etc.

At Vitanica, we strive for excellence in these principles.

One way to assure quality is through third party certification via on-premise observation and analysis. At Vitanica, we are glad to say our dietary supplement manufacturing facilities are third-party certified, FDA registered and meet all regulation standards set forth by the FDA Dietary Supplement Health and Education Act as outlined in the code of Regulations, Title 21, part 111. In addition, we are a Silver Partner with Emerson Ecologics Quality Assurance Program.

All said, if products are well made, but not well designed, they may fail at supporting health. At Vitanica, we are proud to remind you our products are researched and designed by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health.

Vitanica works like a business, but with the heart of a healer. Vitanica began in 1994 with the dream of helping women. Every day, we want to impact women's health through education and healing. Quality assurance is an essential element of meeting our dream.