



# VITANICA® ~ THYROFEM™

ThyroFem combines nutritional and botanical ingredients promoting balanced support of the thyroid gland in concert with the whole endocrine system.

## Featured Ingredients:

- Support and maintenance of the manufacture of thyroid hormone from **Zinc, Vitamin E, Iodine, and Tyrosine**
- Promotes the conversion of thyroid hormone with **Zinc, Copper** and **Selenium**
- Botanical support from **Ashwagandha** and **Rhodiola**
- Combined with exercise, ThyroFem supports increased sensitivity of the thyroid tissue to thyroid hormone

## Supplement Facts

Serving Size 2 Capsules  
Servings per Container 30

Amount per Serving		% Daily Value
Vitamin C (as calcium ascorbate)	300 mg	333%
Vitamin E (as d-alpha tocopheryl succinate)	67 mg	447%
Vitamin B12 (as methylcobalamin)	500 mcg	20833%
Iodine (from potassium iodide)	150 mcg	100%
Zinc (as picolinate)	10 mg	91%
Selenium (as L-selenomethionine)	100 mcg	182%
Copper (as amino acid chelate)	1 mg	111%
L-Tyrosine	500 mg	†
Ashwagandha ( <i>Withania somnifera</i> ) root extract	250 mg	†
Rhodiola ( <i>Rhodiola rosea</i> ) root extract	100 mg	†

† Daily Value not established

Other ingredients: Vegan capsule (hydroxypropyl methylcellulose, water).

**Indications:** Specific key nutrients promote normal, healthy thyroid function and production of thyroid hormone. Select herbs provide traditional thyroid support and balanced polyglandular support with the entire endocrine system.

**Suggested Use:** 2 capsules, 1-2 times daily.

Size ~ 60 caps; UPC code ~ 7-08118-02300-2

Contact ~ 800.572.4712; email ~ [info@vitanica.com](mailto:info@vitanica.com)



## **Quality Control Statement**

Vitanica is committed to maintaining the content and purity of our dietary supplements. We believe this is accomplished by focusing on the principles that contribute to well-designed products which will support health without contributing to toxicity, utilizing safe and effective ingredients.

Good Manufacturing Practices involve having policies in place to assure adequate and clean facilities, training of staff, verifying and tracking suppliers, raw material testing, clean and organized manufacturing and labeling lines, record keeping, finished product testing, clean and regulated warehousing, etc.

At Vitanica, we strive for excellence in these principles.

One way to assure quality is through third party certification via on-premise observation and analysis. At Vitanica, we are glad to say our dietary supplement manufacturing facilities are third-party certified, FDA registered and meet all regulation standards set forth by the FDA Dietary Supplement Health and Education Act as outlined in the code of Regulations, Title 21, part 111. In addition, we are a Silver Partner with Emerson Ecologics Quality Assurance Program.

All said, if products are well made, but not well designed, they may fail at supporting health. At Vitanica, we are proud to remind you our products are researched and designed by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health.

Vitanica works like a business, but with the heart of a healer. Vitanica began in 1994 with the dream of helping women. Every day, we want to impact women's health through education and healing. Quality assurance is an essential element of meeting our dream.