

VITANICA® ~ MAGNESIUM TONIC™



Magnesium Tonic provides a delicious way to take the highly absorbable bisglycinate form of this essential mineral for optimum human health and functioning. Promotes healthy sleep and brain functions, relaxed muscles, healthy cardiovascular system functions and so much more.

Featured Ingredients:

- **Magnesium bisglycinate** is a highly absorbable form of magnesium, offering the optimal benefits without laxative side effects
- **Vitamin B6** works together with magnesium in many enzyme systems, promoting the intracellular accumulation of magnesium
- Supports several body system functions: musculoskeletal and smooth muscle function, brain chemistry, mood, cardiovascular support, endocrine health and an overall calming effect
- Great natural orange flavor enhances the desire to include in one's daily supplement routine and is easy to combine with other natural supplements

Supplement Facts

Serving Size 15 ml/One Tablespoon, 31 Servings per Container

Amount per Serving		% Daily Value
Vitamin B6 (as pyridoxal-5-phosphate)	10 mg	588%
Magnesium (as bisglycinate chelate)	300 mg	71%
Stevia (<i>Stevia rebaudiana</i>) leaf extract	12 mg	†
† Daily Value not established		

Other ingredients: Purified water, citric acid, orange natural flavor, xanthan gum, potassium sorbate, hydrochloric acid, sodium benzoate.

Indications: Magnesium is an essential mineral for human health and wellness. Due to the likely deficiency for most people, this bisglycinate liquid Tonic promotes optimal absorption to maintain healthy magnesium levels with great taste and without the typical laxative side effects.

Suggested Use: Shake well before each use. 1 (One) Tablespoon, up to twice daily. Also suitable for men.

Size ~ 16 oz; Item code ~ 7-08118-02119-0

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Quality Control Statement

Vitanica is committed to maintaining the content and purity of our dietary supplements. We believe this is accomplished by focusing on the principles that contribute to well-designed products which will support health without contributing to toxicity, utilizing safe and effective ingredients.

Good Manufacturing Practices involve having policies in place to assure adequate and clean facilities, training of staff, verifying and tracking suppliers, raw material testing, clean and organized manufacturing and labeling lines, record keeping, finished product testing, clean and regulated warehousing, etc.

At Vitanica, we strive for excellence in these principles.

One way to assure quality is through third party certification via on-premise observation and analysis. At Vitanica, we are glad to say our dietary supplement manufacturing facilities are third-party certified, FDA registered and meet all regulation standards set forth by the FDA Dietary Supplement Health and Education Act as outlined in the code of Regulations, Title 21, part 111. In addition, we are a Silver Partner with Emerson Ecologics Quality Assurance Program.

All said, if products are well made, but not well designed, they may fail at supporting health. At Vitanica, we are proud to remind you our products are researched and designed by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health.

Vitanica works like a business, but with the heart of a healer. Vitanica began in 1994 with the dream of helping women. Every day, we want to impact women's health through education and healing. Quality assurance is an essential element of meeting our dream.