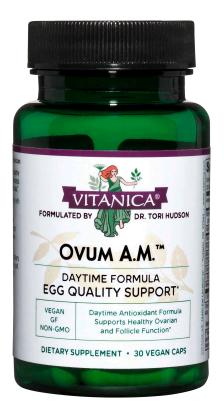
VITANICA® ~ OVUM A.M.TM



Ovum A.M.™ is an egg quality support formula for daytime use. Provides antioxidant support and nutrients in support of healthy egg quality and the reproductive process.

Featured Ingredients:

- Vitamin D is indicated to positively promote healthy egg quality
- Alpha Lipoic Acid and Resveratrol offer antioxidant support towards optimal egg quality and follicle health
- Folate continues to be essential for a healthy pregnancy. This formula contains both **folinic acid** and **Methylated folate** (**L-5-MTHF** a.k.a. L-methyltetrahydrofolate) forms of folate. Folinic acid is a naturally occurring form of folate and is the form most cited in research supporting healthy egg quality. We also believe the research is promising for methylfolate with additional benefits in support of optimal embryonic development
- CoQ10 supports mitochondrial function, a key component of egg quality
- Glutathione (reduced) is the body's master antioxidant and optimal format to support detoxification and healthy cellular activity

Indications: Healthy egg quality is a normal function of healthy fertility. This daytime formula is best used with Vitanica's Ovum P.M. in the evening.

Suggested Use: One (1) capsule in the morning, with food.

Size ~ 30 capsules; UPC code ~ 7-08118-02237-1

Contact ~ 800.572.4712; email ~ info@vitanica.com

Supplement Facts

Serving Size 1 Capsule 30 Servings per Container

1	
a),	
25 mcg (1,000 IU	125
340 mcg DFE	85
200 mcg	Ť
250 mg	Ŧ
110 mg	+
100 mg	†
100 mg	†
100 mg	†
ct) 40 mg	†
֡	200 mcg 250 mg 110 mg 100 mg 100 mg 100 mg

Other ingredients: Vegan capsule (HPMC, water), calcium laurate, silica.



Quality Control Statement

Vitanica is committed to maintaining the content and purity of our dietary supplements. We believe this is accomplished by focusing on the principles that contribute to well-designed products which will support health without contributing to toxicity, utilizing safe and effective ingredients.

Good Manufacturing Practices involve having policies in place to assure adequate and clean facilities, training of staff, verifying and tracking suppliers, raw material testing, clean and organized manufacturing and labeling lines, record keeping, finished product testing, clean and regulated warehousing, etc.

At Vitanica, we strive for excellence in these principles.

One way to assure quality is through third party certification via on-premise observation and analysis. At Vitanica, we are glad to say our dietary supplement manufacturing facilities are third-party certified, FDA registered and meet all regulation standards set forth by the FDA Dietary Supplement Health and Education Act as outlined in the code of Regulations, Title 21, part 111. In addition, we are a Silver Partner with Emerson Ecologics Quality Assurance Program.

All said, if products are well made, but not well designed, they may fail at supporting health. At Vitanica, we are proud to remind you our products are researched and designed by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health.

Vitanica works like a business, but with the heart of a healer. Vitanica began in 1994 with the dream of helping women. Every day, we want to impact women's health through education and healing. Quality assurance is an essential element of meeting our dream.