



VITANICA® ~ FIBROFORMULA®

FibroFormula® maintains healthy neurotransmitter levels impacting select brain receptors responsible for processing sensation in the neuromuscular system.

Featured Ingredients:

- **Magnesium** is an essential mineral, responsible for numerous functions in the brain and body; supporting healthy levels maintains muscular and neuromuscular relaxation as well as healthy overall brain/body functions
- **PEA (palmitoylethanolimide)** is an endogenous fatty acid amide produced naturally in the body and also found naturally in some foods. PEA has been shown to maintain a healthy response to stimuli and is increasingly being used to support homeostasis of the neuromuscular system
- **5-HTP** assists in the production and breakdown of neurotransmitters, such as serotonin, norepinephrine and dopamine – brain hormones responsible for maintaining healthy mood and stimuli responses
- **Saffron** supports an inhibitory effect on serotonin and norepinephrine reuptake which can therefore support maintenance of the body and the brain's normal and natural process of response to stimuli and stress

Supplement Facts

Serving Size 2 Capsules, 30 Servings per Container

Amount per Serving		% Daily Value
Magnesium (as magnesium bisglycinate chelate)	100 mg	23
PEA (palmitoylethanolamide)	300 mg	†
5-Hydroxytryptophan (from Griffonia simplicifolia seed)	100 mg	†
Saffron (Crocus sativus) extract (2% safranal, 3% crocin)	60 mg	†

† Daily Value not established

Other ingredients: Vegan capsule (HPMC, water).

Indications: Supports the normal and healthy functions in the brain and body to maintain homeostasis in relation to balanced neurotransmitter/neuromuscular processes and responses.

Suggested Use: One (1) capsule, twice per day, with or without food.

Size ~ 60 capsules; UPC code ~ 7-08118-02034-6

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Quality Control Statement

Vitanica is committed to maintaining the content and purity of our dietary supplements. We believe this is accomplished by focusing on the principles that contribute to well-designed products which will support health without contributing to toxicity, utilizing safe and effective ingredients.

Good Manufacturing Practices involve having policies in place to assure adequate and clean facilities, training of staff, verifying and tracking suppliers, raw material testing, clean and organized manufacturing and labeling lines, record keeping, finished product testing, clean and regulated warehousing, etc.

At Vitanica, we strive for excellence in these principles.

One way to assure quality is through third party certification via on-premise observation and analysis. At Vitanica, we are glad to say our dietary supplement manufacturing facilities are third-party certified, FDA registered and meet all regulation standards set forth by the FDA Dietary Supplement Health and Education Act as outlined in the code of Regulations, Title 21, part 111. In addition, we are a Silver Partner with Emerson Ecologics Quality Assurance Program.

All said, if products are well made, but not well designed, they may fail at supporting health. At Vitanica, we are proud to remind you our products are researched and designed by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health.

Vitanica works like a business, but with the heart of a healer. Vitanica began in 1994 with the dream of helping women. Every day, we want to impact women's health through education and healing. Quality assurance is an essential element of meeting our dream.