

VITANICA® ~ OVABLEND™

This formula compliments comprehensive nutritional and exercise programs to maintain the endocrine system, support a healthy insulin response and promote normal, healthy ovulation.

Featured Ingredients:

- **Chromium** and **NAC (N-Acetyl-L-Cysteine)** show supportive research in promoting healthy glucose tolerance levels and insulin response
- **Cinnamon** supports regular menses and a healthy metabolic response, especially in women with endocrine challenges
- **Green tea** promotes stimulation of sex hormone binding globulin, in turn maintaining healthy androgen levels; **Chamomile** promotes optimal testosterone levels
- **Saw palmetto** promotes inhibited activity of 5 alpha reductase, thereby maintaining healthy testosterone levels
- **Sarsaparilla** promotes a progesterone-like effect, a potential important factor for women looking for ovarian support

Supplement Facts

Serving Size 2 Capsules, 90 Servings per Container

Amount per Serving		% Daily Value
Chromium (as polynicotinate)	333 mcg	278
N-Acetyl-L-Cysteine	400 mg	†
Cinnamon (<i>Cinnamomum verum</i>) bark	500 mg	†
Chamomile (<i>Matricaria recutita</i>) flower tops	200 mg	†
Green tea (<i>Camellia sinensis</i>) leaf extract	167 mg	†
Saw palmetto (<i>Serenoa repens</i>) berry extract	133 mg	†
Sarsaparilla (<i>Smilax officinalis</i>) root extract	87 mg	†

† Daily Value not established

Other ingredients: Vegan capsule (hydroxypropyl methylcellulose, water), l-leucine.

Indications: Promotes optimal ovarian function and activity.

Suggested Use: 2 capsules, 2-3 times daily.

Size ~ 180 caps; UPC code ~ 7-08118-02146-6

Contact ~ 800.572.4712; email ~ info@vitanica.com



Quality Control Statement

Vitanica is committed to maintaining the content and purity of our dietary supplements. We believe this is accomplished by focusing on the principles that contribute to well-designed products which will support health without contributing to toxicity, utilizing safe and effective ingredients.

Good Manufacturing Practices involve having policies in place to assure adequate and clean facilities, training of staff, verifying and tracking suppliers, raw material testing, clean and organized manufacturing and labeling lines, record keeping, finished product testing, clean and regulated warehousing, etc.

At Vitanica, we strive for excellence in these principles.

One way to assure quality is through third party certification via on-premise observation and analysis. At Vitanica, we are glad to say our dietary supplement manufacturing facilities are third-party certified, FDA registered and meet all regulation standards set forth by the FDA Dietary Supplement Health and Education Act as outlined in the code of Regulations, Title 21, part 111. In addition, we are a Silver Partner with Emerson Ecologics Quality Assurance Program.

All said, if products are well made, but not well designed, they may fail at supporting health. At Vitanica, we are proud to remind you our products are researched and designed by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health.

Vitanica works like a business, but with the heart of a healer. Vitanica began in 1994 with the dream of helping women. Every day, we want to impact women's health through education and healing. Quality assurance is an essential element of meeting our dream.