



VITANICA® ~ RAUWOLFIA EXTRA™

Our Rauwolfia formula provides botanicals and nutrients well known to maintain healthy blood pressure, already in a healthy range, and support a healthy cardiovascular system.

Featured Ingredients:

- **Magnesium** is one of the best nutrients indicated to maintain healthy blood pressure, already in a healthy range, and **Riboflavin (B2)** is also shown to be supportive
- **Rauwolfia serpentina**, or Indian snake root, is a well-known traditional herb for maintaining and supporting healthy blood pressure
- **Grape seed** can promote the production of nitric oxide, which promotes a relaxing effect in the arteries; **Passionflower** promotes calming as well
- Other supportive botanicals: **Olive leaf**, **Garlic**, **Hawthorn berry**, **Hibiscus flower** and **Dandelion leaf**

Supplement Facts

Serving Size 1 Capsule, 180 Servings per Container

Amount per Serving		% Daily Value
Riboflavin (Vitamin B2) (as riboflavin-5-phosphate)	0.53 mg	40
Magnesium (as citrate)	35 mg	8
Olive (<i>Olea europaea</i>) leaf extract	165 mg	†
Garlic (<i>Allium sativum</i>) bulb (10,000 ppm allicin potential)	165 mg	†
Snakeroot (<i>Rauwolfia spp.</i>) extract	90 mg	†
Hawthorn (<i>Crataegus pinnatifida</i>) berry extract	30 mg	†
Hibiscus (<i>Hibiscus sabdariffa</i>) flower	25 mg	†
Grape (<i>Vitis vinifera</i>) seed extract	25 mg	†
Dandelion (<i>Taraxacum officinale</i>) leaf extract (4:1)	25 mg	†
Terminalia arjuna (<i>Terminalia arjuna</i>) bark extract	15 mg	†
Passionflower (<i>Passiflora incarnata</i>) herb extract (4:1)	15 mg	†
Co-enzyme Q10	10 mg	†

† Daily Value not established

Other ingredients: Vegan capsule (HPMC, water), silica, L-leucine.

Indications: Maintains healthy blood pressure with botanicals and nutrients known to support the strength and elasticity of the cardiovascular system.

Suggested Use: One (1) capsule, up to three times daily, or as directed by your healthcare practitioner.

Size ~ 90 caps; UPC code ~ 7-08118-02155-8

Size ~ 180 caps; UPC code ~ 7-08118-02156-5

Contact ~ 800.572.4712; email ~ info@vitanica.com



Quality Control Statement

Vitanica is committed to maintaining the content and purity of our dietary supplements. We believe this is accomplished by focusing on the principles that contribute to well-designed products which will support health without contributing to toxicity, utilizing safe and effective ingredients.

Good Manufacturing Practices involve having policies in place to assure adequate and clean facilities, training of staff, verifying and tracking suppliers, raw material testing, clean and organized manufacturing and labeling lines, record keeping, finished product testing, clean and regulated warehousing, etc.

At Vitanica, we strive for excellence in these principles.

One way to assure quality is through third party certification via on-premise observation and analysis. At Vitanica, we are glad to say our dietary supplement manufacturing facilities are third-party certified, FDA registered and meet all regulation standards set forth by the FDA Dietary Supplement Health and Education Act as outlined in the code of Regulations, Title 21, part 111. In addition, we are a Silver Partner with Emerson Ecologics Quality Assurance Program.

All said, if products are well made, but not well designed, they may fail at supporting health. At Vitanica, we are proud to remind you our products are researched and designed by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health.

Vitanica works like a business, but with the heart of a healer. Vitanica began in 1994 with the dream of helping women. Every day, we want to impact women's health through education and healing. Quality assurance is an essential element of meeting our dream.